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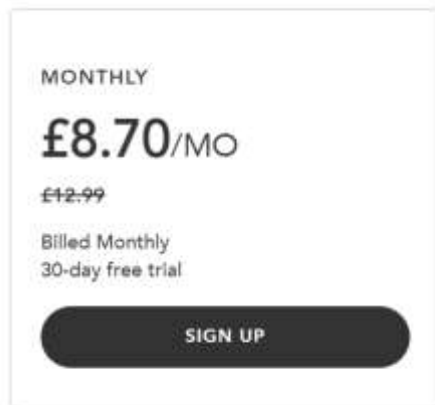
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START YOUR FREE TRIAL TODAY

Payments start after 30 day free trial.

Subscriptions auto-renew at the end of each billing period at the standard price, unless cancelled.



Payments start after free trial. Cancel anytime.

LES MILLS+ gives you world class workout classes from the comfort of your own home.

Here's what a few 5-star subscribers said about the service.



"I've been a subscriber ever since they launched! It's the only platform I never stopped loving and following. With the variety of workouts, the music and the professionalism of the instructors - they are truly one of a kind!"

- Krisztina G



"I love LES MILLS+ and the variety of workouts available. Being a massive Combat fan, but also being able to include Balance tracks or do a bit of Barre for extra leg conditioning, it's a nice way to tailor my workout."

- Jamie L



"Absolutely brilliant, has changed my life and given me my confidence back. Easy to use menu, easy to find what you want, makes you want to try new things and great presenters. If I could give it more than five stars I would."

- Louise R

For more details about LES MILLS+, visit this webpage:

[At Home Workout Videos | Les Mills On Demand UK](#)